



334-209-2844

<http://www.tigertowntogo.com>

# McAlister's Deli

## Beverages

32 oz. Fountain Drink	\$3.99
<i>Coke, Diet Coke, Sprite, Hi C, Coke Zero, Dr. Pepper. (0-190 cal)</i>	
32oz Sweet Tea	\$3.69
<i>150 cal</i>	
32oz Unsweet Tea	\$3.69
<i>0 cal</i>	
32oz Lemonade Sweet Tea	\$4.09
<i>220 cal</i>	
32oz Lemonade	\$4.09
<i>250 cal</i>	
32oz Half Sweet Half Unsweet Tea	\$4.09
32oz Lemonade Unsweet Tea	\$4.09
<i>120 cal</i>	
Bottled Water	\$2.29
<i>0 cal</i>	

## Shareables

Nacho Basket	\$9.89
<i>Ro-Tel cheese dip, sliced jalapenos and tortilla chips (1560/500 cal).</i>	
Ultimate Nachos	\$11.99
<i>Veggie Chili, Rotel Cheese Sauce, black olives, diced tomatoes, jalapenos, green onions, cheddar jack cheese, guacamole, and sour cream on a bed of tortilla chips (1210/640 cal).</i>	

## Soups

**Soups: Broccoli Cheddar, Potato, Chili, Veggie Chili, Chicken Tortilla,**

Cup of Soup	\$5.99
<i>60-360 cal</i>	
Bowl of Soup	\$7.99
<i>90-450 cal.</i>	

## Salads

**Available in Whole or Choose 2. All dressings served on the side except Caesar salads. Dressings: Honey Mustard, Ranch, Lite Italian, Caesar, Thousand Island, Olive Oil and Balsamic Vinaigrette, Sherry Shallot, and Chipotle Ranch. Add avocado for \$2.19 (adds 80/40 calories). Try any salad with Spinach (adds 0 calories)!**

Savannah Chopped Salad	\$13.69
<i>Grilled chicken breast, dried cranberries, gorgonzola cheese, honey roasted almonds, tomatoes and cucumbers (480/230 cal).</i>	
Southwest Chicken & Avocado Salad	\$13.69
<i>Grilled chicken, roasted corn, poblano and black bean relish, red onion, tomato, cheddar-jack, blue corn tortilla strips, avocado on mixed greens.</i>	
Grilled Chicken Salad	\$13.19
<i>Grilled chicken breast, bacon, cheddar jack cheese, tomatoes,</i>	

## Sandwiches

**Served with a pickle and choice of side. Choose two portion served with a pickle**

### Clubs

*A category all its own*

McAlister's Club	\$12.39
<i>Smoked turkey, Black Forest ham, bacon, sharp cheddar &amp; Swiss, spring mix, tomatoes, Honey Mustard &amp; mayo on wheat (810/410 cal).</i>	
McAlister's Club Wrap	\$12.39
<i>The McAlister's Club in a wheat wrap (770/390 cal).</i>	
Black Angus Club	\$13.39
<i>Black Angus roast beef, bacon, sharp cheddar, Swiss, red onions, spring mix, tomatoes, horseradish sauce and mayo on wheat (840/410 cal)</i>	

Grilled Chicken Club	\$12.69
<i>The McAlister's Club with grilled chicken in place of turkey and ham (830/410 cal).</i>	

King Club	\$15.39
<i>Twice the ingredients of the McAlister's club, on country white (1060/530 cal).</i>	

### Craveable Classics

Four Cheese Melt	\$10.69
<i>We make a mean grilled cheese with provolone, Swiss, Cheddar and Parmesan cheeses melted together over fresh tomato slices and ciabatta bread. Your Mom would be impressed.</i>	
Ham & Cheese Melt	\$10.99
<i>We take Black Forest ham and Swiss and add mayo, spicy brown mustard and tomatoes and put it on ciabatta so we can melt all those flavors together. This is a ham and cheese for ham and cheese lovers.</i>	

Horseradish Roast Beef & Cheddar	\$12.39
<i>Black Angus roast beef, sharp cheddar, caramelized onions and horseradish sauce, grilled on ciabatta (680/340 cal).</i>	

### Savory & Spicy

Jalapeno Turkey Crunch	\$12.89
<i>Smoked turkey, jalapeno, spud chips, bacon, pepper jack, avocado and mayo on toasted jalapeno roll.</i>	
Sweet and Smokey Chicken	\$11.99
<i>Flavor your grilled chicken with sharp cheddar and a unique sweet &amp; smoky bbq sauce. We grill it all together on ciabatta and serve it up warm. It's a smile waiting to happen.</i>	
Smokey Pepper Jack Turkey	\$12.09
<i>We take our turkey to the next level with crispy bacon, pepper jack cheese and McAlister's own Honey Mustard. We then serve it all on a toasty ciabatta bun. It's a taste you won't soon forget.</i>	
Spicy Southwest Chicken	\$12.69

## Choose 2

**Choose between a half shareable, half salad, cup of soup, half spud, or half sandwich. \*Muffuletta is a quarter sized portion. For premium entrees, add \$1.79 each**

Choose 2	\$12.59
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## Craft Your Own Spud

**Add Bacon (140 cal) for \$1.25, Cheddar Jack (220 cal) for \$0.65, Rotel, Chili, or Veggie Chili (60-360 cal) for \$1.25, Ranch or Bleu Cheese (300/450 cal) for \$0.65.**

Justaspud	\$8.59
<i>Served with a side of sour cream (690/370 cal).</i>	

## Spuds

Spud Max	\$12.59
<i>Ham, turkey, bacon, cheddar-jack, green onions, black olives and sour cream (1030/540 cal).</i>	
Cheese Spud	\$10.28
Bacon & Cheese Spud	\$12.37
Veggie Spud	\$10.99
<i>Spinach, broccoli, red onions, house roasted multicolored peppers, and Rotel cheese sauce (890/470 cal).</i>	
Black Angus Roast Beef Spud	\$12.99
<i>Caramelized onions, cheddar-jack and au jus (990/470 cal).</i>	
Chipotle Chicken & Bacon Spud	\$12.69
<i>Fill your spud with seasoned and grilled chicken then topped with green onions, chipotle ranch and cheddar-jack.</i>	

## Just For Kids

**12 & Under. Served with a side item. Add a drink for \$2.19**

Kid's Turkey & Cheese Sandwich	\$4.99
<i>280 cal</i>	
Kid's Smucker's Uncrustables PB&J Sandwich	\$4.99
<i>300 cal</i>	
Kid's Ham & Cheese Sandwich	\$4.99
<i>310 cal</i>	
Kid's Grilled Cheese Sandwich	\$4.99
<i>310 cal</i>	
Kid's Chicken & Broccoli Bowl	\$4.99
<i>230 cal</i>	
Kid's Mac & Cheese	\$4.99
<i>350 cal</i>	
Kid's Spud	\$4.99
<i>330-550 cal</i>	
Kid's Garden Salad	\$4.99
<i>580 cal. Choice of dressing and turkey, ham or chicken</i>	

<i>cucumbers and croutons (490/250 cal).</i>	
<b>Caesar Salad</b>	<b>\$9.79</b>
<i>Romaine, Parmesan and croutons tossed with Caesar dressing (730/460 cal).</i>	
<b>Grilled Chicken Caesar Salad</b>	<b>\$14.28</b>
<i>Grilled chicken breast, Romaine, Parmesan and croutons, tossed with Caesar dressing (870/530 cal).</i>	
<b>Garden Salad</b>	<b>\$9.69</b>
<i>Mixed greens, cheddar-jack cheese, tomatoes, cucumbers and croutons (310/150 cal).</i>	
<b>Pecanberry Salad</b>	<b>\$13.69</b>
<i>Fresh strawberries and blueberries, candied pecans and grilled chicken, served with Fat-Free Raspberry Vinaigrette dressings.</i>	
<b>Chef Salad</b>	<b>\$12.89</b>
<i>Sliced turkey and ham, bacon, cheddar-jack cheese, tomatoes, cucumbers and croutons (480/240 cal)</i>	

<i>Grilled chicken, roasted corn, poblano and black bean relish, pepper jack, avocado and chipotle ranch on a toasted jalapeno roll.</i>	
<b>Spicy Turkey Melt</b>	<b>\$12.39</b>
<i>Smoked turkey, bacon, pepper jack, avocado, chipotle ranch, spring mix and tomato on toasted baguette</i>	
<b><u>Big &amp; Bold</u></b>	

<b>French Dip</b>	<b>\$13.89</b>
<i>Black Angus roast beef and melted swiss on a baguette, served au jus (520/330 cal).</i>	
<b>The New Yorker</b>	<b>\$14.59</b>
<i>10 oz of corned beef and pastrami, Swiss and spicy brown mustard on marbled rye (750/410 cal).</i>	
<b>The Reuben</b>	<b>\$14.29</b>
<i>8 oz of corned beef, sauerkraut, Swiss and Thousand Island dressing on marbled rye (900/560 cal).</i>	
<b>The Rachel</b>	<b>\$14.29</b>
<i>Rejoice turkey lovers! Try our classic Reuben sandwich with turkey in place of corned beef.</i>	
<b>The Italian</b>	<b>\$13.29</b>
<i>Black Forest ham, salami, provolone, house roasted multicolored peppers, spring mix, tomatoes, red onions, black olives, Italian Vinaigrette &amp; spicy brown mustard on a baguette (760/420 cal).</i>	
<b>Memphian</b>	<b>\$13.09</b>
<i>Sliced turkey, Black Forest ham and Black Angus roast beef, provolone, spring mix, tomatoes, mayo and spicy brown mustard on a baguette (640/350 cal).</i>	

<b><u>Fresh Favorites</u></b>	
<b>The Veggie</b>	<b>\$10.29</b>
<i>Fresh spinach, juicy tomatoes, crisp cucumbers, red onions, house roasted multicolored peppers, fresh avocado and herb mayo, seasoned with salt &amp; pepper on wholesome 9-Grain. It s all the goodness of grown food.</i>	
<b>Garden Fresh Turkey</b>	<b>\$11.59</b>
<i>With avocado, spinach, tomatoes and Swiss, seasoned with salt &amp; pepper and olive oil vinaigrette, served on wholesome 9-Grain</i>	
<b>Grilled Chicken Caesar Wrap</b>	<b>\$11.89</b>
<i>We take the delicious combination of grilled chicken, romaine, Parmesan and caesar dressing and create an easy to eat wrap. So throw the fork away and dig in.</i>	
<b>BLT + A</b>	<b>\$12.49</b>
<i>Applewood smoked bacon, fresh assorted greens, thick sliced tomato and avocado seasoned with salt and pepper, topped with herb mayo and served on toasted country white bread.</i>	

## **Side Items**

<b>Spud Chips</b>	<b>\$3.49</b>
<b>Side Tomato &amp; Cucumber Salad</b>	<b>\$3.49</b>
<b>Side Potato Salad</b>	<b>\$3.49</b>
<b>Side Caesar Salad</b>	<b>\$4.59</b>
<b>Side Fresh Fruit</b>	<b>\$3.99</b>
<b>Side Steamed Broccoli</b>	<b>\$3.49</b>
<b>Side Mac &amp; Cheese</b>	<b>\$3.99</b>
<b>Bag of Chips</b>	<b>\$3.49</b>

## **Desserts**

<b>Cookie</b>	<b>\$2.59</b>
<i>Chocolate Chip or Sugar 370-410 cal</i>	
<b>Brownie</b>	<b>\$3.29</b>
<i>420 cal</i>	
<b>Brookie</b>	<b>\$3.29</b>
<i>Half cookie, half brownie</i>	