



334-209-2844

<http://www.tigertowntogo.com>

Frutta Bowls

Acai Bowls

Frutta Bowl \$12.50

Base: Organic Acai with Banana
Toppings: Granola, Strawberry,
Pineapple, Kiwi, Nutella, Peanut
Butter, Honey, Coconut Flakes

Frutella Bowl \$12.50

Base: Organic Acai with Banana
Toppings: Granola, Banana,
Strawberry, Nutella, Peanut Butter,
Coconut Flakes

Muscle Up Bowl \$12.99

Base: Chocolate Whey Protein,
Organic Acai with Banana. Toppings:
Granola, Banana, Peanut Butter

PB&J Bowl \$12.50

Base: Organic Acai with Banana
Toppings: Granola, Blueberry,
Peanut Butter

Naked Bowl \$12.50

Base: Organic Acai with Banana
Toppings: Granola, Peanut Butter

Kale Bowls

Hulk Bowl \$12.99

Base: Vanilla Whey Protein, Kale,
Banana, Pineapple, Sweetened
Almond Milk Toppings: Granola,
Mango, Strawberry, Blueberry,
Honey, Peanut Butter

Caveman Bowl \$12.50

Base: Kale, Banana, Pineapple,
Sweetened Almond Milk Toppings:
Granola, Banana, Blueberry, Almond
Butter, Coconut Flakes, Chia Seeds,
Almond Slices

Pina Colada Bowl \$12.50

Base: Kale, Banana, Pineapple,
Sweetened Almond Milk Toppings:
Granola, Pineapple, Kiwi, Coconut
Flakes

Dine In Prices May Vary

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Pitaya Bowls

Belize Bowl \$12.99

Base: Vanilla Whey Protein,
Organic Pitaya, Banana, Pineapple,
Sweetened Almond Milk Toppings:
Granola, Banana, Pineapple, Peanut
Butter

Jamaica Bowl \$12.86

Base: Organic Pitaya, Banana,
Pineapple, Sweetened Almond Milk
Toppings: Granola, Blueberry,
Mango, Kiwi, Honey, Coconut Flakes

Bermuda Bowl \$13.30

Base: Organic Pitaya, Banana,
Pineapple, Sweetened Almond Milk
Toppings: Granola, Strawberry,
Blueberry, Pineapple, Honey,
Coconut Flakes

Fiji Bowl \$12.50

Base: Organic Pitaya, Banana,
Pineapple, Sweetened Almond Milk
Toppings: Granola, Banana,
Strawberry, Honey, Peanut Butter,
Coconut Flakes, Chia Seeds

Barbados Bowl \$12.50

Base: Organic Pitaya, Banana,
Pineapple, Sweetened Almond Milk
Toppings: Granola, Mango,
Pineapple, Coconut Flakes

Toast

**Signature Bread: Italian Golden Panini
(Gluten Free \$1.10 extra)**

Go Bananas \$7.49

Toppings: Peanut Butter, Banana,
Honey, Chia Seeds

The Gigi \$7.49

Toppings: Nutella, Strawberry,
Cacao Nibs

The Savory Avocado \$7.49

Toppings: Avocado, Feta Cheese,
Red Pepper Flakes, Sea Salt,
Sriracha

The Bravocado \$7.49

Toppings: Avocado, Sun-Dried
Tomato Pesto, Egg, Red Pepper
Flakes, Sea Salt

Smoothies

Mango Strawberry \$10.49

Mango, Strawberry, Honey, Water

Very Berry \$10.49

Strawberry, Blueberry, Açai,
Honey

Pink Flamingo \$10.49

Pitaya, Mango, Pineapple, Almond
Milk

The Green Machine \$10.49

Avocado, Kale, Coconut Milk,
Pineapple, Honey

Detox \$10.49

Kale, apple, Pineapple, Chia
Seeds, Water

Tropical \$10.49

Pineapple, Mango, Banana, Water

Chocolate Explosion \$10.49

Chocolate Whey Protein, Banana,
Nutella, Peanut Butter, Almond Milk

Whey-Up \$10.49

Vanilla Whey Protein, Banana,
Strawberry, Peanut Butter, Almond
Milk